



Four Decades of Research & Reflections in Dermatology

Ram Malkani

MD DVD DDV

Consultant Dermatologist

Journey Of A Clinician



He is a Consultant in Dermatology since his 44 yrs and affiliated to the Indian Hospital for 24 years. He is a member of South Medical College, Mumbai. He is a member of the American Academy of Dermatology. A member of European Academy of Dermatology for more than 18 years and the European Society of Dermatology for Hair and Eyelashes. He was the only Indian Dermatologist to have Annual conference in St Petersburg, Russia in 2015 and to Brazil in 2017.

He was the President of the Maharashtra Branch of the Indian Association of Dermatologists and Venereologists in 2012. The association gave him a Lifetime Achievement award in 2017. He with his wife hosted Dr Vikas Kumar TV show on the line of pigmentation and dermatology in 1992.



The book covers a comprehensive platform for rapid change with other pigmented lesions, melanoma and lesions of the skin and hair. It is a guide for public regarding the latest treatment for melanoma and systemic leprosy. Comparison of the new evidence regarding the efficacy and safety of therapy of skin disease and a local production and/or control release of chemical synthesis. Interpersonal, psychological, occupational, environmental and biological responses. All these are related to the ICM research higher than to Dermatology. It is a review of clinical and research paper presented by Dr Malkani, Dr. Maheshwar and other participants of symposium.

Dr P D Gaitonde (Dermatologist) Former Director of the Skin Hospital, Jeebhoo Hospital & Research Centre

This book, Research and reflections on dermatology by Dr. Ram Malkani is indeed an excellent book. It contains the experience of the practitioners shared over several years. The format of the book is excellent. It is a guide to the practitioner in the field of research. It is a book on that particular subject. This book will be useful not just to the practitioners but also to the general public.

Dr P D Gaitonde (Dermatologist) Former Director of the Skin Hospital, Jeebhoo Hospital, Mumbai

Dr. Ram Malkani continues his interest in clinical dermatology work that is research. Over the years together with his colleagues and research students, he has published several papers on the clinical aspects and the path of his studies. He provides the path of research in the field of research for the benefit of the general public and more importantly, students of dermatology.

Dr. Ram Malkani
Professor of Dermatology (Retired)
MUMS, S. Medical College and KEM Hospital, Mumbai

The contents of Dr. Ram Malkani's research and publications in a wide range of clinical and research papers and clinical cases, which can be used by primary practitioners, students and in house. It is a very interesting read to his students in the path of research in the field of research. It is a book which is a guide to the general public and more importantly, students of dermatology.

Dr. Ram Malkani
Former Director, Indian Journal of Dermatology, Venereology & Leprology, Dermatology and Venereology, KEM, Mumbai

ISBN 978

RESEARCH REFLECTIONS IN DERMATOLOGY

4 Decades of Clinical and Consultation Experience in India

Dr Ram Malkani

Contents

Publication contains more than 100 manuscripts and abstracts

These include

- Completed Research,
- On going Research
- Publications in Academic Journals
- Presentations at Conferences
 - International
 - National



Examples of Completed Research - IPD



- ❑ Preventive corticosteroid therapy prevents nerve damage in multibacillary leprosy patients, an assessment by NCV studies and clinical neurological examination: a study of 40 patients.
- ❑ To study the etiology, risk factors, skin changes of chronic venous insufficiency and existence of preceding or present deep venous thrombosis as an etiology, and association of thrombophilia -2014

Examples of Completed Research - IPD



- ❑ A study of stress in patients with acne excoriée, lichen and macular amyloidosis, and lichen planus. 18
- ❑ A study of depression in patients with acne excoriée, lichen and macular amyloidosis, and lichen planus. 20
- ❑ Chronic Urticaria and Metabolic Syndrome: Markers of Systemic Inflammation. 23



Melasma And Metabolic Syndrome



Heat Damaged Hair



Etiology Of Corns – A multispecialty collaborative study

Ongoing Research

Completed Studies



A study of HIV And
Drug Resistance



Acne And Hormonal
Profile



Hyperinsulenemia -
a Marker Of
Acanthosis Nigricans

International Publications – Some examples

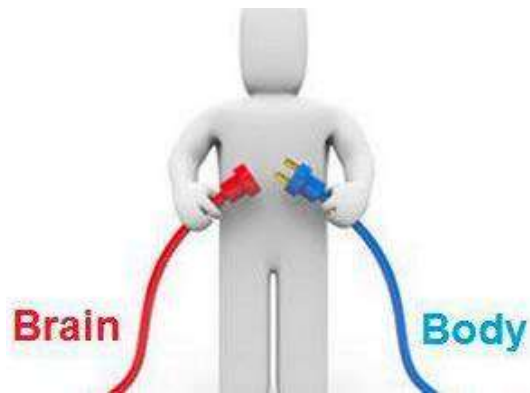
1. Aswani, V.L. and R.H. Malkani, *Follicular mucinosis*. Indian J Dermatol Venereol Leprol, 1995. **61**(3): p. 159- 62.
2. Aswani, V.L. and R.H. Malkani, *Glucagonoma syndrome*. Indian J Dermatol Venereol Leprol, 1996. **62**(4): p. 246-9.
3. Chaudhary, A., V. Aswani, and R. Malkani, *Wells' syndrome*. Indian J Dermatol Venereol Leprol, 1997. **63**(2): p. 117-9.
4. Chaudhary, A., R. Malkani, and V. Aswani, *Generalized umbilicated granuloma annulare*. Indian J Dermatol Venereol Leprol, 1998. **64**(6): p. 305-6.
5. Desai, D., R. Malkani, and V. Aswani, *The hypereosinophilic syndrome*. Indian J Dermatol Venereol Leprol, 2000. **66**(6): p. 306-7.
6. Desai, D., R. Malkani, and V. Aswani, *Dapsone syndrome: A case study*. Indian J Dermatol Venereol Leprol, 2000. **66**(5): p. 236-7.
7. Kamat, M. and R. Malkani, *Disposable diapers: a hygienic alternative*. Indian J Pediatr, 2003. **70**(11): p. 879-81.
8. Topal, A.A., et al., *Recalcitrant pruritus as primary manifestation of synchronous Hodgkins lymphoma and Langerhans cell histiocytosis*. Acta Medica (Hradec Kralove), 2012. **55**(2): p. 104-6.
9. Vishnani, R.T., et al., *Mononucleosis-like drug rash: an interesting case presentation*. J Family Med Prim Care, 2014. **3**(1): p.74-6.
10. Harjani, R. and R. Malkani, *A study of antiretroviral resistance patterns in treatment experienced and naive human immunodeficiency virus infected-patients*. Indian J Sex Transm Dis AIDS, 2016. **37**(2): p. 167-172.
11. Ghuge, P., R. Karia, and R.H. Malkani, *Acquired zinc deficiency in a renal transplant recipient with gastrointestinal tuberculosis responding promptly to oral correction*. Saudi J Kidney Dis Transpl, 2018. **29**(5): p. 1199-1202.

Ethical Committee in a Non Institutional Clinic

- A Private Clinic Having An Ethical Committee composed of Clinicians, Basic Scientists, Social Scientists, Legal expert, theologian, and community representative
- Meets regularly and evaluates research in a non-institutional setting – Unique experience



Institute of Psychosomatic Dermatology (IPD)



Started in 1982

*Co-ordination of a dermatologist and
psychologist*

- Ongoing Studies
- Psychological Profile Of Dermatology Patients
- Knowledge Attitude Of Chemists to Psychotropic Drugs prescribed by Dermatologists

Drug Trials

- Azithromycin
- Moxifloxacin
- Tazarotene
- Ayurvedic Cream For Fungal Infection



Epilogue

A Team Work

- Epidemiologist
- Psychotherapist
- Dermatologist
- Pathologist
- Counsellor



Financial Resilience

- An Individual Effort
- Financing Research Secretary
- Ethical Committee
- Colleagues, Associates





A Message

- *Research Can Become A Passion*
 - Time,
 - Resources,
 - love of Labour
 - Curiosity



Ask Why ?



THANK YOU